

Prescription Weight Loss Jabs, Explained

From a doctor's perspective · written for those who truly need it



Can't lose weight? It's not for lack of effort—your hormones are working against you. After you lose weight, the body raises hunger hormones and slows metabolism to resist, so the weight rebounds fast. Weight-management injections mimic the gut hormone **GLP-1**, sending your brain a direct fullness signal so you naturally **eat less**—solving the problem at its source and making weight loss easier.

<5%

Diet & exercise alone
long-term success rate

-22%

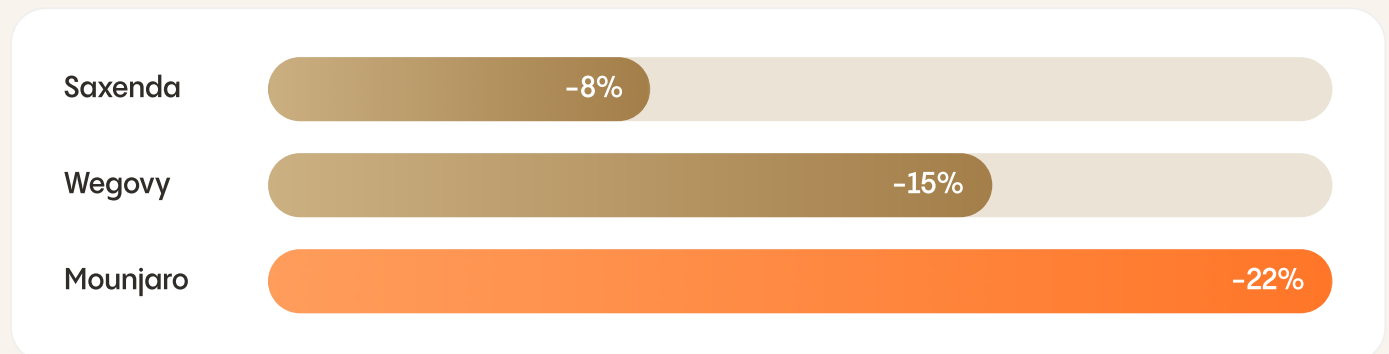
Latest clinical trials
avg. GLP-1 weight loss

57%

Mounjaro users
achieve ≥20% weight loss

01 Comparing the Three Injections

Average weight reduction (highest trial dose)



Saxenda Liraglutide

Dosing frequency

Once daily

Mechanism

GLP-1

Clinical positioning

An entry-level option with flexible daily dosing

Wegovy Semaglutide

Dosing frequency

Once weekly

Mechanism

GLP-1

Clinical positioning

The most popular once-weekly therapy

Mounjaro Tirzepatide

Dosing frequency

Once weekly

Mechanism

GLP-1 + GIP

Clinical positioning

A dual-action metabolic regulator



Did you know?

In Hong Kong, these injections are **prescription-only medicines** and may only be used after assessment by a HK-registered doctor.

Any "no-consultation" purchase channel is illegal. **In May 2026**, the Department of Health and Customs took enforcement action.

Wilding et al. NEJM 2021 [STEP-1] ; Jastreboff et al. NEJM 2022 [SURMOUNT-1] • This guide is for general health education only and does not constitute medical advice.

02 GLP-1 Treatment Pricing

All treatments are managed by HK-registered doctors and include **a free initial assessment and unlimited free follow-ups.**



Wegovy®

Once-weekly injection that acts on the brain's appetite centre to create fullness and slow gastric emptying. FDA-approved for chronic weight management; clinically shown to reduce weight by up to 20% over 68 weeks.

Starter plan (Start)

1 month 0.25–1mg	HK\$3,000
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3 months 0.25–1mg	HK\$8,800 Save \$200
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5 months 0.25–2.4mg	HK\$14,600 From \$730/week
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Maintenance plan (Stay)

1.7mg · 1 month	HK\$4,200
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1.7mg · 4 months	HK\$15,120 Save \$1,680
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2.4mg · 1 month	HK\$5,000
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2.4mg · 4 months	HK\$18,000 Save \$2,000
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Mounjaro

The world's first dual GIP and GLP-1 receptor agonist, injected once weekly, combining appetite suppression with metabolic regulation. Clinically shown to reduce weight by up to 22.5% over 72 weeks.

Starter plan (Start)

1 month 2.5–5mg	HK\$4,600
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2 months 2.5–5mg	HK\$9,000 Save \$200
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4 months 2.5–10mg	HK\$16,560 From \$1,035/week
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Maintenance plan (Stay)

5mg · 1 month	HK\$4,600
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7.5mg · 1 month	HK\$5,600
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10mg · 1 month	HK\$7,400
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10mg · 4 months	HK\$28,000 Save \$1,600
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* All prices in HKD. Treatment may be purchased only after a doctor's assessment. © 2026 HiddenObesity · hiddenobesity.hk

03 Prescription Criteria & Safety

Treatment requires assessment by a registered doctor. Below are the absolute contraindications and BMI eligibility.

Absolute contraindications

Do not use in the following cases

- ✗ History of medullary thyroid carcinoma (MTC)
- ✗ Multiple endocrine neoplasia type 2 (MEN 2)
- ✗ History of acute or chronic pancreatitis
- ✗ Severe renal failure or GI ulcers
- ✗ Pregnant, planning pregnancy, or breastfeeding



Before surgery / anaesthesia: These drugs markedly slow gastric emptying. Before any surgery or endoscopy, inform your doctor in advance; the drug is usually stopped 1–2 weeks before anaesthesia.

Who is suitable

Meet any one to be considered for prescription

- ✓ BMI ≥ 30
- ✓ BMI ≥ 27 with obesity-related health risks

Obesity-related risks include

Hypertension, high cholesterol, prediabetes, type 2 diabetes, sleep apnoea, fatty liver, etc.



If you are of **Asian descent**, the BMI thresholds may be lower; the doctor will make the final judgement based on your individual situation.

04 Why a Doctor Must Be Involved

Buying from online or non-prescription channels is not only high-risk—it may also be **illegal**.

✓ Doctor-managed · legitimate channel

- ✓ Thorough screening to rule out contraindications and hidden risks
- ✓ Starts at the lowest dose, titrated scientifically by tolerance
- ✓ Regular follow-ups; the medical team eases side effects promptly
- ✓ Genuine medicine with temperature-controlled logistics for safety

✗ Buying online yourself · illegal channel

- ✗ Blind use easily triggers serious side effects
- ✗ Without guidance, easy to overdose, or quit midway from side effects
- ✗ May receive grey-market, expired, or fake drugs
- ✗ Violates the Pharmacy and Poisons Ordinance

Not sure which is right for you? Consult a weight-management network doctor and let the medical team prescribe what best suits your body.

noah

Free assessment
For men

→ ofnoah.hk

zoey

Free assessment
For women

→ zoey.hk